

Excision of Primary Umbilical Endometriosis under Local Anesthesia - Lessons learned from the Pandemic

Michelle Jacobson, Shira Gold, Sara Hojabri, Mara Sobel, Toronto, Canada

Due to lack of access to general anesthesia and OR time during the pandemic, a decision was made for excision under local anesthesia

26yo G0
umbilical mass
consistent with
isolated
umbilical
endometriosis



33yo G0
previous
umbilical
piercing
cyclically
bleeding
umbilical
mass



Consistent
with isolated
umbilical
endometriosis



Villars nodule excision under local anesthesia either sharply or with electrosurgery yields excellent cosmetic results and is tolerable for the patient. This approach allows for for excision even when OR access is limited

